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# 语法

a/an and the： a/an 代表一类人或物 the: 双方都明白的人或物; 表示独一无二的事物

A knife is a tool for cutting with

take the medicine the rich 富人 the living 生存者 the second floor二层

that is the very thing I have been looking for那正是我要找的东西

the young ought to take care of the old年轻人应照料老人

few/little表示否定，没有多少了 a few/ a little表示肯定，还有一点

he has a few friends 他有几个朋友

he has few friends 他几乎没有朋友

only a few == few

not a few == many == many a == quite a few

as ... as ...; 在否定句或疑问句中用so ...as ...

It is easier to make a plan than to carry it out

修饰比较级/最高级

The experiment is much easier than we had expected

father 表示距离， further表示进一步

I have nothing further to say

she is **more than(不只是，非常) kind** to us all

当too前面有only, all, but时，意思是：非常...等于very

I am **only too** pleased to be able to help you 我非常高兴能帮助你

to do 已发生的，表示经常性； doing 未发生的，表示一次性

they stop to smoke a cigarette 他们停下来，抽了根烟

I must stop smoking 我必须戒烟了

Don't forget to come tomorrow

he forgot turning the light off 他忘记他已经关了灯了

remember to go to the post office after school 记得放学后去趟邮局

Don't you remember seeing the man before?

I regret to have to do this, but I have no choice

I don't regret telling her what I thought?

the department has ceased to exist forever那个部门不复存在

The girls ceased chatting for a moment when their teacher passed by

I shall be interested to know what happens 我很想知道发生了什么事

I am interested in working in ...

**try to do 努力 try doing 试验**

After he had finished his maths, he went on to do this physics

Go on doing the other exercise after you have finished this one

**mean to do 打算 mean doing 意味着**

I mean to go but my father would not allow me to

To raise wage means increasing purchasing power

be afraid to to 不敢(主观） be afraid of doing 生怕（客观）

she was afraid to wake her husband 她不敢去叫醒她丈夫

she was afraid of waking her husband 她生怕吵醒她丈夫

I saw him work in the garden yesterday （强调“我看见了”这个事实）

I saw him working in the garden yesterday(强调“我见他正干活”这个动作）

not receiving any letter from him, I gave him a call**由于没有...**

Given more attention, the trees could have grown better

used for a long time, the book looks old 由于用了很长时间，。。。

using the book, I find it useful 在使用的过程中，。。。

While waiting there, he saw two pretty girls come out of the building

分词作补语

I found my car missing 我发现我的车不见了

I will have my watch repaired

独立主格一般有逗号，与主句分开

名词+分词/形容词/...

The president assassinated, the whole country was in deep sorrow

Weather permitting, we are going to visit you tomorrow

work done, we went home工作完成后，我们才回家

It is time for sb. to do sth "该……了" It is time sb. did sth. "早该……了"

It is time for you to go to bed.　 你该睡觉了。

It is time you went to bed.　　　你早该睡觉了。

would (had) rather sb. did sth.　表示'宁愿某人做某事'

I'd rather you came tomorrow.

wish, wonder, think, hope 等用过去时，作试探性的询问、请求、建议等。

**I thought you might** have some. 我以为你想要一些

Here comes the bus. = The bus is coming.

When Bill comes (不是will come), ask him to wait for me.

表示同某人结婚，用marry sb. 或get married to sb. 都可。

He married a rich girl.

He got married to a rich girl.

Time would prove me right. 时间会证明我是对的。

My mother made me a new dress.　我母亲给我做了一件新衣裳。

Let's not talk of that matter.

All is right.　一切顺利。

Most of his money is spent on books.

Most of the students are taking an active part in sports.

didn't need to do表示： 过去不必做某事, 事实上也没做。.

needn't have done表示： 过去不必做某事, 但事实上做了。

John went to the station with the car to meet Mary, so she didn't need to walk back home.

约翰开车去车站接玛丽，所以她不必步行回家了。

John went to the station with the car to meet Mary, so she needn't have walked back home.

约翰开车去车站接玛丽，所以她本不必步行回家了。 (Mary步行回家，没有遇上John的车。)

Finally, the thief **handed everything** that he had stolen **to** the police.

那贼最终把偷的全部东西交给了警察

It looks as if **the weather may pick up** very soon.

看来天气很快就会好起来。

He cleared his throat as if to say something.

他清了清嗓子，像要说什么似的。

Better take more clothes in case the weather is cold.

**such 是形容词，修饰名词或名词词组，so 是副词，只能修饰形容词或副词**

so nice a flower　　　　such a nice flower

so many people　　　　　such a lot of people

The boy is so young that he can't go to school.

He is such a young boy that he can't go to school

No matter what happened, he would not mind.

Whatever you say is of no use now.

until和till

二者意义相同。

肯定形式表示的意思是"做某事直至某时"，动词必须是延续性的。

否定形式表达的意思是"直至某时才做某事"

I slept until midnight. 我一直睡到半夜时醒了。

Wait till I call you.　 等着我叫你。

Don't get off the bus until it has stopped. 公共汽车停稳后再下车

表示"一…就…"

hardly/scarcely…when/before

no sooner…than

as soon as

No sooner had I got home than it began to rain.

and 还可以和祈使句或名词词组连用表示条件。（or也有此用法）

Make up your mind, and you'll get the chance.　 = If you make up your mind, you'll get the chance.

One more effort, and you'll succeed.　 = If you make one more effort, you'll succeed.

but表示转折，while表示对比。

Some people love cats, while others hate them.

Although he was weak, yet he tried his best to do the work.

----------------------语态-------------------------------

一般过去时表示的动作或状态都已成为过去，现已不复存在。

现在完成时表示的动作或状态，可能还存在

Mrs. Darby lived in Kentucky for seven years.

达比太太已不再住在肯塔基州。

Mrs. Darby has lived in Kentucky for seven years.

现在还住在肯塔基州，有可能指刚离去

现在完成时的句型

It is the first time that I have visited the city.

This is the best film that I've (ever) seen.

过去完成时

He said that he had learned some English before.

表示意向的动词，如hope, wish, expect, think, intend, mean, suppose等，用过去完成时表示"原本…，未能…"

We had hoped that you would come, but you didn't.

将来完成时

They will have been married for 20 years by then.

You will have reached Shanghai by this time tomorrow.

将来进行时

**By this time tomorrow, I'll be lying on the beach.**

**-------------------主动表示被动语态-------------------**

不及物动词或动词短语无被动语态

The price has risen.

The accident happened last week.

主动形式表示被动意义

The book sells well.　　这本书销路好。

I was to blame for the accident.

Much work remains.

need, want, require, worth(形容词)后面接doing表示被动

need doing = need to be done

The door needs repairing.= The door needs to be repaired.

This room needs cleaning. 这房间应该打扫一下。

This book is worth reading.　这本书值得一读。

Your hair wants cutting.　你的头发该理了。

The floor requires washing. 地板需要冲洗。

------------------强调-------------------------

**How +形容词**+ a +名词+　陈述语序

**What +名词**+　　　　　　陈述语序

How lovely the baby is!

What wonderful ideas (we have)!

原句：　My father did the experiment in the lab yesterday evening.

强调主语： It was my father who did the experiment in the lab yesterday evening.

强调宾语： It was the experiment that my father did in the lab yesterday evening.

强调时间： It was yesterday evening that my father did the experiment in the lab. (注意不用when)

强调地点： It was in the lab that my father did the experiment yesterday evening.

倒装

Then came the chairman.

Here is your letter.

Never have I seen such a performance. = I have never seen such a performance.

Hardly had she gone out when a student came to visit her.

No sooner had she gone out than a student came to visit her.

Tom can speak French. So can Jack. （so, neither, nor作部分倒装）

If you won't go, neither will I.

**Only after being asked three times did he come to the meeting.**

May you all be happy.

Were they here now, they could help us. =If they were here now, they could help us.

Had you come earlier, you would have met him　=If you had come earlier, you would have met him.

Should it rain, the crops would be saved.　=Were it to rain, the crops would be saved.

特殊的虚拟语气词：should

It is　suggested　that…+ (should) do

在suggestion, proposal, idea, plan, order, advice等名词后面的表语从句、同位语从句中要用虚拟语气，即（should）+动词原形。

My idea is that we (should) get more people to attend the conference.

I make a proposal that we (should) hold a meeting next week.

I wish I were as tall as you.　我希望和你一样高。

He wished he hadn't said that. 他希望他没讲那样的话。

I wish it would rain tomorrow. 我希望明天下雨就好了。

I wake up only if the alarm clock rings. 只有闹钟响了，我才会醒。

It is (high) time that 后面的从句谓语动词要用过去式或用should加动词原形，但should不可省略。

It is time that the children went to bed.

It is high time that the children should go to bed.

直接宾语：one can do what one likes

间接宾语：The club will give whoever wins a prize

表语： My question is who will take over president of the Foundation

宾语补足语：She will name him whatever she wants to

同位语：　　I have no idea when he will return

形容词宾语：I'm not sure why she refused their invitation

介词宾语：　That depends on where we shall go

It is not yet decided who will do that job.

It remains unknown when they are going to get married

宾语：Let us know whether / if you can finish the article before Friday.

表语：The point is whether we should lend him the money.

同位语：They are investigating the question whether the man is trustworthy.

形容词宾语： She's doubtful whether we shall be able to come.

介词宾语： I worry about whether he can pass through the crisis of his illness.

I don't care whether you like the plan or not

否定转移

I don't think I know you.　我想我并不认识你。

I don' t believe he will come.　我相信他不回来。

It doesn't seem that they know where to go.看来他们不知道往哪去。

It doesn't appear that we'll have a sunny day tomorrow.看来我们明天不会碰上好天气。

**在口语中that常被省略**

His father died the year (that / when / in which) he was born

He is unlikely to find the place (that / where / in which) he lived forty years ago

This is the mountain village where I stayed last year.

I'll never forget the days when I worked together with you.

限制性定语从句是先行词不可缺少的部分，去掉它主句意思往往不明确；非限制性定语从句是先行词的附加说明，去掉了也不会影响主句的意思，它与主句之间通常用逗号分开

This is the house which we bought last month.　（限制性）

The house, which we bought last month, is very nice.（非限制性）

He seems not to have grasped what I meant, which greatly upsets me. 他似乎没抓住我的意思，这使我心烦。

--------情态动词-----------

may 放在句首，表示祝愿。

May God bless you!

may/might as well，意为"不妨"。

can　could 表示能力；可能 (过去时用could), 只用于现在式和过去式(could)。

be able to可以用于各种时态

表示成功地做了某事时，只能用was/were able to， 不能用could。

He was able to flee Europe before the war broke out.

　　= He managed to flee Europe before the war broke out.

If that is the case, we may as well try.

have to 表示客观的需要， must 表示说话人主观上的看法

don't have to　 表示"不必"

mustn't　　　　表示"禁止"，

must用在肯定句中表示较有把握的推测，意为"一定"

He must stay there. 　　　他必须呆在那。

情态动词+动词原形。表示对现在或将来的情况的推测

He must be working in his office. 他一定在办公室工作呢。

情态动词+动词现在进行时。表示对现在或将来正在进行的情况进行推测。

He must be staying there. 他现在肯定呆在那里。

情态动词+动词完成时。表示对过去情况的推测。

I didn't hear the phone. I must have been asleep.　我刚才没有听到电话，我想必是睡着了。

情态动词+动词的现在完成进行时。表示对过去正在发生事情的推测。

Your mother must have been looking for you.你妈妈一定一直在找你。

would like to have done sth　 本打算做某事

I would like to have read the article, but I was very busy then.

had better do sth had better not do sth

had better have done sth表示与事实相反的结果，意为"本来最好"。

You had better have come earlier.

would rather do would rather not do

would rather… than…　 宁愿……而不愿。

I would rather stay here than go home

---Could I borrow your dictionary?

---Yes, of course, you can.

---Shall I tell John about it?

---No, you needn't. I've told him already.

**---Don't forget to come to my birthday party tomorrow.**

**---I won't**

---Need you go yet?

---Yes, I must. / No, I needn't.

# 单词

aftermath 后果，余波

chilly 寒冷的，冷淡的

subversive 颠覆性的，破坏性的

copious 丰富的，富饶的

disquiet 不安，忧虑==unease

disprove 证明...是错误的

justify 证明...是正当的

provocative 挑衅的，惹人讨厌的

deter 威吓，阻止

despondent 沮丧的

episode （电视剧的）一集

glacial 冰河，极冷的

gush 滔滔不绝地说

monopolize 垄断

obliterate 消灭，忘却

inferior 次要的

revive 苏醒；恢复

plight: 困境

peculiar: 特有的，古怪的

mortify: 使难堪

expeditious: 迅速的，敏捷的 expeditious measure 应急措施

trek: 艰苦跋涉

a malleable child 有延展性的，可塑的；易受影响的

vibrant: 充满活力的

affable: pleasant, friendly and easy to talk to,友善的；和蔼可亲的；容易交谈的

rancorous: 怨恨的

dearth: shortage, deficiency, short of, need, drought缺乏

aloof: remote远离的； indifferent冷淡的

notch: 等级，档次 raise his voice by a notch声音提高一度

silt: sullage 淤泥

burrow： dig, tunnel 挖掘

confidant: 知已

rancher: cowboy 牧场主

prudent: discreet 谨慎的,明智的，精明的

it is prudent for sb. to do sth

dismay: discourage, deject 使沮丧

thwart: baffle, frustrate 阻碍

meditate:

schedule, propose, design, map, view考虑；计划；企图

be deep in thought, be buried in冥想；沉思

vivify 赋予生气； 使生动 typify 成为...的特征

bone -> bony骨瘦如柴的 bonny: pretty and healthy健康漂亮的

bluff 虚张声势 bluster 咆哮，大声嚷道

hardy: strong强壮的 hardly: barely 仅仅

venture: 冒险 venturesome: 敢于冒险的

despairing: 感到绝望的 desperate 绝望的

handicap: obstruction, obstacle, barrier障碍

ephemeral: temporary，momentary，transient瞬间的,短暂的

external: 外部的 eternal: 永生的

underscore, stress, emphasize, underpin: 强调

in retrospect 回想起来 retrospective

desert: 放弃 deserted: obsolete荒废的; void无人的

anticipate: look forward to, foresee, expect

successive: consecutive, subsequent 接替的，连续的

ratify: assent, pass, approve 批准，赞成

rally: assembly 集会

vigilance: watchfulness, alertness, caution 警惕

subsist: exist 存活，生存

destined: doomed 注定的

odor: smell气味, fragrance香味, scent香气, in bad odor声誉不佳

perfume香水

arid: dry干旱的; barren:贫瘠的

bound: obligated, enclose 被要求的; limit, boundary界限

entail: 需要

the journey will entail changing trains twice

endless: everlasting, eternal 无止境的

sheath: scabbard（剑）鞘

conceal: cover隐瞒

so-called: commonly named所谓的

advent: arrival到来，emergence出现

inaccessible: unreachable难以达到的; unattainable不能得到的

viable : feasible 可行的

calamitous: disastrous 灾难性的

girder: crossbeam大梁

forward, backward, downward, upward

enforce: carry out实施,执行

detest: resent 讨厌

endure: stand忍受

abhor: loathe, hate, take a dislike to 憎恨

obstruct: impede, block, hinder, inhibit, hamper 阻塞，妨碍

Does the fact that ...help or hinder you? 对你有利还是不利

dissenter: objector 反对者

The Party does not tolerate dissenters in its ranks （队伍）

unbridgeable: impassable, insurmountable 不可逾越的，不能克服的

The gap between the President and his opponents is unbridgeable

总统和反对派之间的嫌隙是不可弥合的

towering: topping 高耸的; 杰出的；（在能力，品德名声等方面）胜过，远远超过

he remains a towering figure ..一直是位杰出的人物

he was one of the world's foremost ...他是世界上最杰出的...之一

unravel: discover解开；瓦解

Detectives are still trying to unravel the mystery surrounding his death

The company started to unravel when two of the directors were arrested

mutual: joint, common

the East and the West can work together for their mutual benefit and progress共同的

preside over: manage, administer掌管

Finch presided over the company for 30 years

blame, rebuke, condemn, reprehend 谴责，指责 => condemnation, reprehension

She knew that society would condemn her for leaving her children

grant: award授予; approve同意; admit承认; 拨款

they have got a special grant to encourage research经费

plain: clear清楚的，明显的; simple简单的

the advantages were plain to see优势显而易见

let me make it plain(=state it clearly), 让我明说吧

Do I make myself plain? 我说清楚了吗？

The document, written in plain English, tells you about the new policy

a plain yoghurt 原味酸奶

acknowledge: admit承认; recognize sth's importance确认; 对...表示感谢

The government must acknowledge what is happening and do something about it

The film festival is acknowledged as an event of international importance

这个电影节被认为是国际盛事

foremost: leading, chief最好的，最重要的

Economic concerns are foremost on many voter's minds

经济是许多选民关心的首要问题

culminate 达到极点

they had an argument which culminated in Tom getting drunk 最后

abysmal 深不可测的； 糟透的

the general standard of racing was abysmal 极糟的

espouse 支持，赞成

she ran away with him to Mexico and espoused the revolutionary cause (支持革命事业）

postulate 假定，假设 ponder 思索，考虑

Freud postulated that we all have a death instinct as well as a life instinct

假定...生存本能和死亡本能

bode 预示 bode well/ill for sb 对某人来说是吉兆/凶兆

dote 溺爱 he dotes on/upon（宠爱，溺爱） his nine-year-old son

decay: rot腐烂 candy will rot your teeth

congenial 情投意合的

he is back in more congenial company 他回来后变得更容易相处了

rival 竞争对手

he finished 39 seconds ahead of his main rival 他比主要对手早39秒到达终点

inclination 爱好

He had neither the time nor the inclination to think of other things

# 词组

account n解释； v说明 take ...into account 考虑... account for 说明

ascribe to [书面]把...归功于；把...归因于 attribute to把...归因于owe to 把...归功于

convene 开会，召集 convene a meeting 召集开会

be resistant to 对...有抵抗力 acid resistant 抗酸的

take ... for granted 认为...理所当然

impose on sb. 占某人便宜

with regard to 关于

adhere to 坚持，遵守

figure out 确定..

resign from 从...辞职

pause to do 停顿做... give sb. pause使某人认真考虑

be notorious for 因...而臭名昭著

be furious with sb at sth 因某事对某人发火

fix the problem 解决问题 fix the heater 修理暖气

a myriad of 无数 ==a multitude of == numerous, many

a multitude of possible interpretations 种种可能的解释

They face a myriad of problems bringing up children

be determined to do sth 决心...（表示状态） determine to do sth 表示动作

等同于be worried about/worry about

He was determined to surpass the achievements of his older brothers

take up 从事；接受；take up a competitive sport take up challenges

take in: 收留， 领会，吸收

He persuaded Jo to take him in 他说服乔把他收留了下来

Lesley explains possible treatments but you can tell she's not taking it in

莱斯利解释了各种可行的疗法，不过，你可以看出来，她并没有领会

They will certainly need to take in plenty of liquid.

它们当然需要吸收大量液体。

go to hospital 去医院看病 go to the hospital 去医院（并不是去看病）

The question is **not worth discussing** again and again

The question is **not worthy to be discussed** again and again

It is **not worth-while to discuss** the question again and again

generally speaking 一般说来 strictly speaking 严格地说

talking of/ speaking of 说道 judging from 从...判断

taking all things into consideration 全面看来

admit to doing prefer to doing be used to doing

lead to doing devote oneself to doing object to doing

stick to doing look forward to doing

go/ walk / run across 穿过

teem with 富于，充满

a glass of water 一杯水

a piece of advice 一条建议

reading-room 阅览室

talks table 谈判桌

customs papers 海关文件

a well-read person 一个读过很多书的人

a much-travelled man一个去过许多地方的人

trample on the rights of 践踏...权利

causal relationship 因果关系 between unemployment and crime

Rawlins stresses(强调）that it is impossible to prove a causal link 因果联系 between the drug and the deaths

be keen to do 渴望 be keen on sb/sth 喜欢 be mad keen on sth 着迷，酷爱

he told me that he was keen to help

I am not keen on cabbage 我不喜欢吃卷心菜

I was mad keen on tennis when I was little

lack of 缺乏 lack for nothing 什么都不缺

not scruple to do sth. 肆无忌惮地做某事 without scruple 肆无忌惮

set/put ...into motion 让...动起来

stretch out 躺下〔睡觉或休息〕

I’m just going to stretch out on the couch for ten minutes. 我就在长沙发上躺十分钟。

in consideration of 考虑到... take...into consideration 考虑到

to no avail 无效，完全无用 of no avail 无效；不起作用

conform to the norm 符合标准 comply with 照做，遵守

at any rate 无论如何 at the rate of 以...的速度.

to be exact 准备说来

rob sb. blind 骗取某人的大量钱财

for the sake of 为了

a spectacular success 巨大的成功

an agile mind 灵活的大脑

at intervals 不时； 相隔一定距离

squeeze into 挤进

blast off 发射，升空

in accord with 与...一致 of one's own accord 自动地

comic strip 连环漫画 strip away揭掉，去除

aloof from 远离；不与…接近；不参加

of good repute 有好名声的

consist of 由...组成 consist in在于，存在于

altruistic act 无私行为

in vast numbers 大量的 the vast majority 绝大多数

spontaneous generation 自然生长

give credence to sth 相信...

I don't give any credence to these rumors

prepare for 为...做准备

tangle with 与…吵架；与…争论；与…有纠葛

casual clothes便装 a casual remark漫不经心的话语

It is said that…　　 据说

It is reported that… 据报道

It is believed that…　大家相信

It is hoped that…　大家希望

It is well known that… 众所周知

It is thought that…　大家认为

It is suggested that…　据建议

It is taken granted that…　 被视为当然

It has been decided that… 大家决定

It must be remembered that…务必记住的是

precipitate sb into sth 使陷入〔某种状态〕

The drug treatment precipitated him into a depression. 药物治疗使他陷入抑郁。

horde: 部落

a horde of == hordes of == a swarm of 一群 = in flocks成群结队

there were hordes of people inside the station

车站里有一群群乱哄哄的人

in bad odor声誉不佳

He **is a stubborn character** used to getting his own way

we hope that common sense would **prevail** 占上风

**have yet to ratify** the treaty 尚未批准该条约

She began to wonder whether she would not **go mad with the tedium of the job**

his solemn little face **broke into smiles** 他严肃的小脸蛋上突然绽放出笑容

barefoot children **roamed the streets** 光脚丫的孩子们在街上游荡

The book is expected to **dominate the best-seller list**

Doctors say that he has **made a slight improvement**

A biopsy is usually a minor **surgical procedure** 外科手术

America's priority is rightly(无疑地) to stimulate its economy

the Chinese are **industries and brave** 中国人民是勤劳勇敢的

If you **have any queries about** this insurance, please contact …

I have long hypothesized a connection between these factors

There should be **some tangible evidence** that the economy is starting to recover

应该有明显迹象表明

**Constant vigilance is necessary in order to avoid accidents**

为了避免意外事故，必须经常保持警惕

he was quite humorous, and **I liked that about him** 我喜欢他这一点

I am a novice at these things, you are the professional

What do you think were some of the more persuasive arguments on the other side?

Bioengineering is an **emergent branch of learning**

these are the **facts that explode**（推翻） their so-called economic miracle

the advent of war led to 战争的到来使..

I invited them to dinner, **a gesture of goodwill 以示友好**

Jennie had **sat opposite her** at breakfast 坐在她对面

two years ago my husband was declared to be **terminally ill** 被诊断患了不治之症

our **concern for** human rights 我们对人权的关注

the rise of **concern about** the environment 对环境越来越多的关注

the growing **concern over** inflation 对通货膨胀日益增加的忧虑

**concern with** worsening law and order 对社会治安每况愈下的担心

His main concern is to be able to provide for his family. 他最为关心的事就是能够养家

Thirty-six people died **in the blast**. 有36人在爆炸中丧生。

# 常见句子

I was taken to be him 我被当成了他

we enjoyed ourselves very much last night昨晚玩得很开

what girls do you like best? 你喜欢什么样的姑娘？

I can't make out what he is driving at? 我不知道他用意何在

much of what you say I agree with, but I can not go all the way with you

he came back for the book which he had forgotten

go straight to the bank 直接去银行

一般说the whole book, 不说all the book

if you don't do it, neither should I 如果你不干，我也不干

he is sitting close to me (近）

you have come too late 晚

What have you been doing lately? 最近

all goes well 一切进展得很好

watch him closely 仔细地

I like to keep everything tidy 我喜欢每件东西都保持整洁

There are so many kinds of tape-recorders on sale that I can't **make up my mind** which to buy

We consider tom to be one of the best students in our class

We didn't expect there to be so many people there

it was **silly of us** to believe him 我们真愚蠢，竟然相信了他

The boss made them work the whole night

Tell him not to shut the window

She pretended not to see me when I passed by

**go in quietly so as not to** wake the baby 轻点进去，别惊醒了婴儿

Would you be so kind as to tell me the time?劳驾，现在几点了

there were hordes of people inside the station

车站里有一群群乱哄哄的人

They were held in confinement for three weeks. 他们被关押了三个星期

She was endowed with good looks. 她天生丽质。

He has a fiery temper . 他脾气火爆。

a gesture of goodwill 以示友好

was declared to be terminally ill 被诊断患了不治之症

sit opposite her坐在她对面

all goes well 一切进展得很好

make up my mind which to buy

it was silly of us to believe him 我们真愚蠢，竟然相信了他

The boss made them work the whole night

She pretended not to see me when I passed by

His main concern is to be able to provide for his family. 他最为关心的事就是能够养家

Thirty-six people died in the blast. 有36人在爆炸中丧生。

Constant vigilance is necessary in order to avoid accidents

为了避免意外事故，必须经常保持警惕

There is some tangible evidence that...有明显迹象表明

the Chinese are industries and brave 中国人民是勤劳勇敢的

His solemn little face broke into smiles

congenial 情投意合的

he is back in more congenial company 他回来后变得更容易相处了

Candy will rot your teeth

The gap between the President and his opponents is unbridgeable

总统和反对派之间的嫌隙是不可弥合的

# 英语的原理

人-物原理：事物也有生命

空间原理：空间介词

名词原理

the traffic sign says 'stop' my watch says 4 o'clock the map says to turn right

**the sign says 'keep out'** 不要靠近 a red sign give a warning

a yellow sign gives information about a road

**the pain attacked me on and on**

the dinner menu presents a wide choice of dishes 晚餐菜单提供了丰富的食物

**the restaurant serves a variety of** soups

our school provides students with free lunches我们学校无偿为学生提供午餐

**the hotel sleeps 300 guests**

Cheese often **upsets Susan's stomach 拉肚子**

this street will lead you to the station

the sun gives us light and warmth

the graph will tell you everything you want to know

this room has a beautiful view

john's house has central heating

the skirt has two pockets

what bring you here?

what took you so long?

what led you to this conclusion

what's the limit for withdrawals? 提款的上限是多少？

what's the interval between buses?公交车班次

what's the population of China? 中国人口情况怎么样？

what is your first impression of China? 你对中国的最初印象如何？

what is making you so happy? <- why are you so happy?

what is your limit? 你酒量有多大？ <- how much do you usually drink?

what's the time limit? 期限是什么时候

what took you so long? 为什么这么晚？ <- why are you so late

what's the weather like today? 今天的天气如何？ <- how is the weather day?

what are the procedures for getting a visa？怎样申请签证？

what's your weight?

what's a good way to get around the city？怎么逛这个城市呢？

what is the bus fare? 公交车票价是多少？

what is the price? <-how much is it

what's your best offer? <-how much can you offer?

what should I call you？

what took you so long to answer the phone? <-why didn't you answer the phone?

what's the best time to drop in?登门拜访 <-when should I visit you?

what make you quit your job?为什么辞职 <-why did you quit your job?

what's the speed limit on this road?

what are your symptoms?你的症状是多少？

what time do you open? 什么时候开门啊？ <-when do you open?

what's your credit card limit? 信用卡透支额度

a 10-minute walk got me to the school 走路去学校只需要10分钟

we get a lot of rain in the summer 夏天经常下雨

I've got a cold 我感冒了 have got = have的口语表达形式

you've got the wrong number 你打错电话了

cost me $10

at bed time

after school放学后

Tom is on his way home 正在回家的路上

Tom is on the line汤姆正在打电话

are you in line排队

you are out of your mind

David is on medication these days 这些天大卫一直在吃药

don't make a sound

on a diet 正在减肥

Susan was on edge at the dentist's office 苏珊显得很紧张

tom was also **on pins and needles 如坐针毡**

john is in love with jane john爱jane

the plan is **on the shelf** 那个计划被搁置下来

you are **on the ropes** 你已经深陷困境了

john has been in touch with some old friends john和发小们一直都有联系

john is in a big hurry at the moment

I'm so out of shape this year 身材走样

david's striped shirts are out of vogue

I am **under Dr.Brown's care** 正在接受...的治疗

don't cross out his name 划去

Get sweets out of your mind

Please set your cell phone on silent mode

please put your book away 请把书收起来

Two hamburgers to take out 外带两个汉堡

Can I **take out this dish**? 剩下的食物能打包带走吗？

Turn off the radio

Please get your hands off of me 请你不要碰我

The science movie was **over my head** 看不懂

Could you just look over this? 你能帮我看看这个吗？

Would you go over my composition? 你能帮我改改作文吗？

Could you think it over? 认真再想想

I hope you will **get over your sickness** 早日康复

**put yourself in my shoes** 请站在我的立场想想

David took his hat off 把帽子摘下来

David put his hat on戴上帽子

She turns me off 我非常讨厌那个女人

She turns me on 我喜欢那个那个女人

David is trying to get in touch with some old friends

Just a touch （咖啡加糖）稍微，一点儿

I have a touch of fever 稍微发了点烧

Let's keep in touch

The soup needs a touch more salt 往汤里撒少许盐

Our profit margin is very low 收益率

The game kept me on the edge of my seat 坐立不安

make a left turn make a speech演讲 make a mistake 犯错 make a decision 做决定

make a mess 搞得一团糟 made a short speech

john made a high jump

jane made a reservation for my birthday

tom quickly made a lot of progress at swimming

susan also wants to take a swim after school 放学后

tom made a funny face **behind susan's back** 某人背后

tom made a great effort to improve his Chinese

tom made good progress in learning Chinese

susan will make a big smile for joy when she hears the news

john made a decision to **take a day-trip to seaside**

have low blood pressure/ sore throat/ a bloody nose(流鼻血)/ a **stuffed nose** 鼻塞/ a **runny nose** 流鼻涕/ a tooth missing (a missing tooth)/ **crust in my eyes** 眼屎/ inflamed（肿胀的，有炎症的） tonsils 扁桃体肿了/ very thin hair/ big ears/ smooth skin/ broad shoulders/ a bad temper/ very beautiful eyes / big hands / a temperature 汤姆发烧/ red eyes 汤姆眼睛红了

have a good time has a wash 洗刷 have a look看看 have a wait 等待

tom has a class at 9 in the morning 有课

she had twins last week

we can't get channel 6 in this area

john had a good time with tom on Sunday

tom has a swim every day after school

we **had a long wait** for tom yesterday

susan **had a chat with Jane over lunch**

get a haircut 剪头发/ a perm 烫发/ no imagination/ plastic surgery 整容手术

get some sleep get some rest

give me a kiss gave sb a big smile/ a kiss/ a big hug /**a big hand 为某人鼓掌**

after our quarrel, jane gave me the **cold shoulder** 对某人很冷淡

tom gave me a send-off at the airport

jane gave me a ride 骑车带某人

look up to 很尊敬 look down on 鄙视 look at 凝望 look through看穿 look around 环顾四周look into 调查 look back 回顾 look after 照看 look over 大体浏览

jane looked into the matter and came up with a solution仔细调查那个问题，并给出解决方案

could you look into the computer problem?你能帮我瞧瞧这台电脑吗？

david usually looks back happily on his chidhood 幸福地回忆着自己的幼年时光

**ask around** 四处打听 hang around with 一起四处闲逛 nose around 来回寻找事物 go aground来回走动 **talk around** 讲话绕弯子

**hang out with** 一起玩

after work, john hangs out with his coworkers 和同事们玩在一起

go away 走开 pass away去世

take a break take a seat take a deep breath take care take your time

take a shower /take a bath 洗澡 take a walk 散步 take a leave 去度假

take a trip take a careful look at the photos

Jane take tom to school by car

John took his father's blood pressure every day

David takes medicine for his heart problem

Maria opened the window and took a breath of fresh air

John put all his time and effort into taking care of his family

Tom likes taking pictures of Susan

John is going to **take tomorrow off** 明天休息

The plane is taking off 起飞

John's business is really taking off these days. 生意最近做得很顺利

The dentist is going to take out her molar

Jane and I **took a long walk** around the swimming pool

Jane took a positive attitude on susan's wish

john put his arms around Jane's waist 挽着某人的胳膊

john put his arms around Jane's shoulders and **gave her a squeeze** 紧紧抱住她

My boss put more pressure on me to work hard

jane **just could not get away 完全无法抽身**

jane used to sleep out under the stars on hot summer nights

tom was very tired yesterday, he slept through all the noise

susan went against her dentist's advice and kept on eating sweets 吃甜食

tom **stayed up all night studying** last Sunday 熬夜学习

tom cut himself and lost a lot of blood

the year 2008 saw the publication of this book 2008年见证了这本书的出版

years of experience bring wisdom 阅历带给你智慧

susan is under doctor's orders to cut down on sweets 苏珊接受了医生提出的少吃甜食的建议

The disease was spreading, and the town's children were at risk

john said that under the influence of alcohol

john **just talked aground the subject and didn't tackle the real issues 绕圈子，没说到正点上**

he tricked her into marriage 成功骗婚照

Maria talked Susan out of eating more candies

Jane talked John **out of his nutty plan** 放弃那个奇怪的计划

Tom talked Susan **into the nutty plan** 引诱苏珊接下那个奇怪的计划

John talked Jane into his plan说服简相信自己的计划

They talked it over again and again

when you've made a mistake, talk it out and ask for forgiveness 直接承认

John seems to be **putting his plan off**, but he won't give it up计划延期了

John pulled Susan out of the sweet shop yesterday

Jane keeps Susan from eating candy 不让苏珊吃糖

Susan can't get candies out of her mind

John took us out for lunch

It's over, put it out of your mind

John will leave sweets off his shopping list

David may get Susan in the sweet store

John was planning to turn the bathroom into Tom's bedroom

Would you put him on the line 请让他接电话

The car behind me blocked me in 后面有辆车堵在那里，我出不去

Jane **cut off** the radish 把萝卜切成两段

Susan **broke off** a piece of chocolate 掰开巧克力

Break off your relationship with her

It's good to break off the bad habit 改掉坏习惯

Maria turned the light off before going to sleep

John **took the chocolate away from** Susan抢过来

I need to take some money out of my account 提点钱

They have broken off their engagement

Jane has **called off** the family picnic 取消

John's company laid off 20 workers

David **cut out** fatty foods altogether 减少

Please remember to **cut off** the fatty parts before you broil the steak 去掉

Susan took it out on Tom迁怒于

Susan, put it out of your mind 把关于...的想法统统忘掉

The alarm will go off if anyone tries to break in 响起

They kicked off the discussion 开始进行讨论

David bowed out of the finance committee 从财政委员会卸任

Someone jumped over the wall of John's house at 9:30 p.m.

A burglar must have broken into John's house 确实...

Maria put Susan to bed at 9 p.m.

That movies put me to sleep

Susan couldn't catch up with the math class

Jane keeps up with the latest styles

David reads a newspaper to **keep up with** current events了解时事新闻

Jane lost touch with her friends afterward

Susan has a heavy touch on the piano 使劲地敲击着钢琴

We lost touch with each other after graduation

David has lost touch with him 失去了联系

We've been out of touch lately 无法联络

I'll be in touch

Maria has got a touch of the flu 得了轻微的流感

John **came up with** a good proposal 想出一个非常不错的建议

Tom **came across Susan on his way home** 在回家的路上偶然相遇

The car **ran over** a rabbit 那辆车撞了一只兔子

Tom looked over his notes before the test 在考试前浏览笔记

Jane and John talked it over with the police

David didn't want to hand his business over to John

The light of the gate has been out since last week 不亮了

Jane was worried that the burglar had stolen her wedding ring away

They **dropped by** the police station again the next day

Jane and John went out for some fresh air after dinner晚饭后出去兜风

John thought it over for about an hour

Susan took two bites of the apple

John plays an occasional soccer game 偶尔打球

Tom had **an upset stomach** this morning 拉肚子

I've got the **serious runs** 腹泻

I have a bad stomach ache 胃疼

Tom has a runny nose

Susan had a splitting headache last night

Susan has a slight headache

Susan had a pounding headache

John had an occasional cigarette after dinner

Robert pays me occasional visits 偶尔来找我

Jane gave John a long, sweet kiss

John had a **heavy breakfast** 吃了很多

John had a **light lunch** 吃得很少

John **gave me a big high five** 用力拍掌

Some weak plants need to be **in full exposure to the sun**充足的光照

Susan always has **a bright smile**

Is John a heavy drinker?

We get heavy fog in this area in the winter

Jane **wears light makeup**

John's wife is a **frequent visitor to** this museum 常客

John and Tom play the occasional soccer game

Jane gave Susan a detailed answer to her question

John has to give this project his full attention

We must spend less money

John wants Jane to give him her full consent

Susan ate less chocolate and fewer biscuits last week

Is this **the flight to Seoul**?

I want a room with a nice view

Maria is wearing a black coat with a white collar

a teacher with a good heart

a woman **with knowledge of Chinese**

a man with a great sense of humor

Tom doesn't like desks without drawers

a shirt without pockets 没有口袋的衬衣

coffee without sugar

The girl in jeans is my sister

The boiling point of water is at 100

Bank of China中国银行

China Institute of Science and Technology 中国科学技术院

An egg is an oval object with a hard shell

The guy on the phone had a British accent

Dinner with wine came to $15

Can you see the man in the black overcoat?

Susan loves a teacher with blond hair

The lady in the red dress is Jane

People under 19 are not allowed in this club

John had to meet a visitor from China

John's company has a staff of 80

I'd like to book a ticket for the three o'clock flight

Wisdom without action is like fire without warmth

Tom **was born in the years of the tiger 属虎**

John bought Jane **sweet-smelling roses in full bloom** for her birthday 芳香四溢的玫瑰花

David was dressed in black for his friend's funeral

Tom met Susan **by accident on the street**

This wine will improve **as time goes by**

by accident 偶然地 by turns 轮流地 by degree 渐渐地

with care= carefully with fear=fearfully with anger=angrily

in hand=in control out of hand=out of control

**at first hand = directly** at second hand = indirectly

**at hand =near** on hand =available

David shivered with cold and fear

David hugged Jane with delight 非常高兴

Inflation is getting out of hand 通货膨胀渐渐失控

A few people had too much soju and things go out of hand有少数人因为喝了过多的烧洒而耍直了酒疯

was it typed or written by hand?

I usually go to work by bus

**Do I get paid by the week or by the month**?周薪还是月薪？

Having cash in hand is better than a check 手里有现金比支票好得多

Trained lifeguards are on hand to help swimmers 训练有素的救助队员们随时待命，...

Tom and Susan walked slowly hand in hand 手拉手

Tom's 10th birthday will soon be **at hand** 马上就要到了

Inflation is **getting worse over time** 时间拖着越长，...

Maria **learned many poems by heart** 背了许多首诗

Susan was reading Aesop's fables with great interest津津有味地

David returned to his hometown **with mixed emotions**复杂的感情

Tom did not graduate from elementary school with honors 未能以优秀学生的身份从小学毕业

It's good to see you in person

Jane waited for John's arrival **in a fever of impatience** 焦急的心情

Tom's teacher speaks with an Irish accent

Tom, please cross the road with care

You shouldn't blow your nose at table 吃饭时不要擤擤涕

Susan baked the Christmas cookies with pleasure

John heard about the news **at first hand** from his boss

John **has an edge over the others on the job 更有竞争力**

Tom, don't put the glass near the edge of the table

John's company needs to improve its competitive edge 提升公司的竞争力

This is a cutting-edge cell phone 最尖端的技术

Can you stand the coin on its edge? 把硬币立起来吗？

Susan likes to have wide margins on her drawings

Tom beat the other swimmer by a margin of one tenth of a second 领先其他选手0.1秒

Susan, Be careful with the knife, it has a very sharp edges

Tom wakes up every morning to the touch of Jane's hand on his shoulder

每天早上，当简把手放到汤姆的肩膀上时，汤姆就会醒来

John **jogs to stay fit** 跑步有益健康

I'm gaining weight 最近好像长胖了

snack bar 小吃店

The next train arrives at 7p.m.

The plane leaves at 7p.m.

Who is going to **chair the next meeting**? 谁来主持会议

I will hand out the agenda first 首先让我们来分发会议主题材料

Who will take notes at the meeting?谁来做会议记录？

It is **dark and cloudy**, it's going to rain乌云密布，看样子要下雨了

The game is about to begin

At first glance, she seemed very cute

The train arrived **on time** 准时到达

New Year's Day is **around the corner** 新年马上就要到了

I always **leave work on time** 我经常准时下班

She was **on the point of leaving** when the phone rang 她刚要出门，电话响了

Get up early to leave in time for the first train, 早起以免错过第一辆火车

I arrived just in time for the last train及时赶上了

John answered the phone **in the middle of driving** 在开车的时候

**on hearing the news**, I changed my mind一听到那个消息

Jane was surprised to see the fireworks **on her arrival at the hotel** 一到达宾馆，就看到了烟子表演

**by the time Jane got to the hotel**(到达酒店), the fireworks had started 到达酒店的时候

John is on the point of leaving work 正准备下班

John **is about to leave the office** 正要下班

**fall in love with Jane at first sight** 一见钟情

Jane was on the verge of tears for joy高兴得眼泪都快流下来

would/could -> might(30%可能性) -> may(50%) -> can/will -> must

Don't go any closer, it might be dangerous

Dad may have been a Santa Claus说不定老爸就是那个圣诞老人呢

It must be Santa Claus

John, you should give them Christmas presents

谦逊一点

**I wonder if I might use** your phone

Could you possibly turn the radio down a little?

May I ask you a question?

Sorry, he is out at the moment

I am afraid I don't know 对不起，我不在清楚

Excuse me, could you tell me where Beijing Station is?

**Do you mind if** we make the appointment for an earlier time?

Sorry, could you say that again? 再说一遍

虚拟语气：用过去式表达

What would happen if I pressed the fire alarm?

If I were superman, I would help you out

If you had the opportunity to clone yourself, what would you do?

**If money were not an issue**, would you get plastic surgery?

If Jane were a man, she would volunteer for the army?

**If you won the lottery**(彩票）, what would you do?

What would our lives be like without TV?

John's business trip to Shanghai lasted only two days. **If the trip had been longer, he would have visited** hisfriend there 如果时间能够再长一些，

对过去的事情抒发后悔

should have ...如果做了...不就好了

could have ...我原本能做到的

would have...我们原本要做

might have...也许我们可以做到

I should have stopped smoking 要是能把烟戒掉就好了

John should not have drunk so much liquor last night? 不该喝那么多酒

I could have taken the bus 本可以赶上班车

Tom would have arrived at school on time this morning

Tom might have gone to bed early last night

Susan might have left her **swimsuit**(泳衣) at the sports center yesterday

I was woken up by the sound raining 雨声惊醒梦中人

This magazine sold at $2

**be supposed to 我想，我认为...**

Tom is supposed to be at the class at 9

David is **getting addicted to** kimchi 吃泡菜，越吃越上瘾

How are these words pronounced?

get a divorce 离婚

get the work done

get my clothes clean

Many people **are obsessed with** money 对钱十分着迷

Tom **struggled to** be understood by Koreans 费尽心思

英语用it替代主语或宾语

It's likely to rain 好像要下雨

It's natural you should be nervous 紧张是很正常的事

Was it you who put a letter on my desk?

It's not far to Beijing这里离北京不远

It's on me我来买单

We made it

I can't stand it 我忍受不了

Please cut me a piece of cake

I showed my picture to Tom

I wish you a merry Christmas （wish对于现实中无法实现的事抱有一定的期许）

John hope Bill will visit China soon （hope用来期许现实生活中可以实现的某些愿望）

have sb do sth 让某人做某事

get sb to do sth 指使某人做某事

John had Tom **shine his shoes** 擦皮鞋

Jane got Susan to feed the dog

Susan fell asleep with her head against Tom's 头靠着汤姆睡着了

**As exams are approaching**, I fell nervous

David went on working **without looking aside** 目不转睛地继续工作

He stood there with his back against the wall

break up 分手

Maria sat down on the chair **with her legs crossed** 跷着二郎腿

I felt sad **at hearing my mom's story** 听了妈妈的话感到很伤心

In spite of the rain, Tom wanted to go out **for a run** 虽然下着雨，但是汤姆还是想出去跑步

Jane agreed without the slightest hesitation 毫不犹豫地答应

My grandfather retired **at the age of** 65 65岁时退了休

Can you stand on your head? 你能倒立吗？

Tom hit Susan on her head 汤姆打了苏珊的头

How long can you stand on one foot?

Tom grabbed Susan by the collar? 拽住了苏珊的衣角

on my head/ by the arm/ in stomach/ on the knee

Susan had her hands on her eyes 苏珊用手捂住了眼睛

Tom has **a lot in common with** David 有许多的共同点

The dog held a newspape**r between its teeth** 叨住了报纸

Tom blew his nose into his handkerchief 用手巾擤鼻涕

Susan hit her elbow **against the edge of the table** 手被桌角磕了一下

lie on your right side 请往右边侧躺

Do you have fun in school?

The blue tie **looks good on** John 这条蓝色领带非常适合约翰

John **knows her by sight but not by name** 不认识她，但觉得很面熟

Tom kicked the ball into the goal 把球踢进了球门

please push the chairs out of the way 请把椅子收起来

Music is one of Jane's greatest loves 音乐是简的最爱之一

pass me the salt, please 请往里面加点盐

# Friends

intestine 肠

a hump 驼背 a hairpiece 假发

strip joint: a nightclub 夜总会； 脱衣舞酒吧

Decaf 无咖啡因的

well, ...好吧

pipe organ 管风琴 eyelash 眼捷毛

raindrops 雨滴 kitten小猫

horny 欲火焚身的

freezer 冰箱

revelation 启示，揭示

broke/smash her watch

taste the coffee, grimace(苦着脸）, and pour it into a plant pot（花盆）

omelet 煎蛋卷 spaghetti 意大利面条

leftover 剩余的

all right 好啦

take abuse 挨骂

hanger 衣架

thigh-master 美腿器

pee小便

sperm 精子

couch cushions 沙发垫

broom 扫帚

stool 凳子

chubby 丰满的，圆胖的

maid of honor 伴娘

got plugs 植发

got lenses 隐形眼镜

the mother-to-be准妈妈

catch on 理解

go out with 约会

does he have a hump 驼背 a hairpiece 假发

all of a sudden 突然

**got me** 这你可把我问倒了

**I take credit for Paul** 保罗还欠我人情呢

**I can see that,** 看得出来

**back in high school, I had a major crush on you**

在高中，我曾暗恋过你

fluff a pillow 抖松枕头

注意是副词,作为口语添加，可省略

what were you gonna say你刚才想说什么？

I gotta get to work 我要去工作啦

you and I have kinda drifted apart疏远

I kinda gotta clean up now 打扫

I was kinda supposed to be headed for Aruba on my honeymoon 我本来应该前往

she got the stereo, the good TV, 音响

assemble the bookcase 安装书柜

I feel like ...我感觉好像

let me get you some coffee 我给你拿杯咖啡

to hell with her, she left me 该死的

I got really freaked out 惊呆了

it matters to me 这和我有关

push her down the stairs

we've established...我们已经确定

stop hitting on her = flirt with someone 不要再对她放电了

I didn't catch your name 我没听清你的名字

that is one way of going through it那样也可以

machine cut me off again

stay out of my freezer 离我的冰箱远点

spell out: make explicit 讲清楚

it doesn't make much of a difference

I had a really great time last night我昨晚很开心

are you in trouble 你有麻烦了

it was a line 谎言

to get you into bed 为了和你上床

I am trained for nothing 我没有任何经验

on sale, fifty percent off!

give her a break饶了她吧

be on your own 独立生活

so believe me, I know exactly how you feel

you gonna crash on the couch? 你要在沙发上睡觉

have it? split it?你吃吧！平分？

the big one had a thing for you 大女生曾暗恋你

geeky older brother 书呆子哥哥

do you think it would be okay if I asked you out? 可以约你出去吗？

sit through 耐着性子看完

word of advice 建议如下

do you have any issues? 你遇上什么烦恼了吗

as fas as my parents are concerned, Ross can do no wrong. Y'see, he's the Prince. Apparently they had some big ceremony before I was born

engagement ring? 订婚戒指

there is a knock on the door

what do you mean by '...'?

you are twins? **you are an only child**? 独生子

chances are... 很有可能

sorry I am late, **I got stuck at work** 工作有点忙

how could I forget?

she is very supportive

--how ya doing?

--I'm okay... you look great

--yeah, well..

be right there 马上就到

be back in a sec 一会儿就回来

give me a 'for instance' 举个例子来听听

I believe Julia is on the table? 在讨论的范围

what are you up to tonight?今晚准备干嘛

--what have you been up to?你最近忙什么呢？

--not much, I got a job

why are you so tanned?

we're kind of a thing now 我们在交往

get his way 他就得逞

any nausea? 恶心

are you welling up?你哭了吗

it was a cheap shot 这么做很低级

other people are satisfied with staying where they are

I don't think I can be involved in this particular family thing

I don't want her to go through what I went through with Carl

我只是不希望你重蹈我和卡尔的覆辙

I'm back in high school, I'm standing in the middle of cafeteria 在中学时代

it turns out it's my mother, which is very-very weird结果是我妈妈，这非常奇怪

Carol moved her stuff out today 卡萝今天搬走了她的东西

keep fixating on that? 关注某事

did I say that out loud?

you are feeling a lot of pain, you are angry, you are hurting

现在感觉很痛苦，很生气，很伤心

I was more turned on by ... than by ... 更感兴趣

I was kind of hoping that wouldn't be an issue

我希望你不会把它当一回事

it hit me all of a sudden that I have forgotten her birthday 使...想起

just try to think of nice calm things 让你镇定的事

if you don't feel like being alone tonight, Joey and Chandler are coming over to help me put together my new furniture 装配

I'm just gonna hang out here tonight 呆在这儿

he is such a mess == a difficult situation

might try accidentally breaking something valuable of hers

可以试着砸烂她的一些贵重的东西

you know what the scariest part is ?

this is the best thing that ever happened to you

I honestly don't know if I'm hungry or horny 欲火焚身的

ever since she walked out on me, I ...自从她抛弃我

ever since she left me, I haven't been able to perform sexually (have a sex)

get it together: succeed in controlling your feelings

even if I could get it together enough to ask a woman out,

I have never made coffee before in my entire life

get up, go to work and not think about him all day. or else ...要不然

before me, there was no snap in his turtle for two years: 无法行房

and yet you're surprisingly upbeat 乐观的

**you can't live off your parents your whole life** 靠...生活

try not to let my intense vulnerability become any kind of a factor here

whose little ball of paper(纸球) is this?

I balled it up 揉成纸团

the girl in the veil 穿着婚纱的女孩

stomp on your heart in front of your entire family 伤透了你的心

I mean presumably(大概）, the biggest part of your job is done.

take some of the heat off me

in perspective 正确地

fit into 适应，协调

shoot for 争取，得到

look, there are people, like Ross, who need to shoot for the start.

听着，像罗斯这样的人，必须追求成功

no little anecdotes to share with the folks?八卦同父母分享？

steer clear of 避开

you may want to steer clear of the word "dumped"

你该避免用“甩”这个字

you need to learn how to roll with the punches if you want to get a proper places in this company

如果你想在这个公司获得一席之地，就得学会怎样应对困难。

border on 与...接壤

I think that borders on child abuse 那有虐待儿童之嫌

wind up doing = end up doing 最终

lie back ...依靠

if you tilt your head to the left 倾斜